

Volunteer Support Workers Or Counsellors

Our volunteers are trained to understand the issues that may arise from rape and sexual abuse. They do not judge feelings or actions and they will let feelings be expressed without recrimination.

Are You Interested In Becoming A Volunteer?

We are always looking for volunteers for the following:

- Crisis Telephone Support
- Long and short term counselling
- Fund-raising and publicity
- Committee membership and administration

Training Courses

If you want to learn more about the issues involved please ask for details of our training courses or education programme.

CALL US ON

Office line 01256 423810

Crisis Line 01256 423890

Email: admin@BRASACC.com

Web address: www.BRASACC.com

**Wheelchair access is available with
ground floor access**

We are a registered charity No 900509. We are not part of the police force or local government. We rely on grants and donations from the public and income from our training courses and presentations.

BRASACC is supported by the following:

Hampshire PCT

Newbury Community Mental Health
Service



**BASINGSTOKE
Rape & Sexual Abuse
Crisis Centre**



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BASINGSTOKE RAPE AND SEXUAL ABUSE CRISIS CENTRE

Our service is CONFIDENTIAL and FREE

We exist to provide a telephone support and face-to-face counselling service to anyone over the age of 16 years who has been raped, sexually abused or sexually assaulted at any time in their lives.

We provide telephone support to parents of sexually abused children, partners, families, friends and workers from other agencies who are supporting survivors of rape and / or sexual abuse.

What Do We Do?

We provide trained volunteers and counsellors who are aware of issues that may arise from rape and sexual abuse and will offer emotional support in a non-judgmental way.

We also:

1. provide information about what happens at a medical examination, a Police station or in court.
2. provide information about testing for sexually transmitted diseases, HIV or pregnancy following a rape.

Whether or not you report to the police, it is advisable to see a doctor to check for any injury, sexually transmitted disease, HIV or pregnancy.

We will only contact you if you ask us to, either by phone or letter - we are always discreet.

Basingstoke Rape and Sexual Abuse Crisis Centre (BRASACC) works within:

Hampshire County Wide Vulnerable Adult Protection Policy and the British Association of Counselling and Psychotherapy (BACP) ethical framework for good practice in counselling and psychotherapy.

Please Call Us On :

Crisis Line : 01256 423890

The Crisis Line is open on Tuesday, Wednesday, and Thursday between 7:00 pm and 9:30 pm

Useful Contact Numbers

Basingstoke Rape & Sexual Abuse Crisis Centre (BRASACC)

Office: 01256 423810
Crisis Line: 01256 423890
Email: admin@BRASACC.com
Web: www.BRASACC.com

Police 0845 045 45 45
Emergency 999

Sexual Assault Referral Centre for Hampshire (SARC)

Treetops Centre, Cosham
☎: 023 9221 0352

A new service where support and services are offered under one roof, whether or not the police are involved. This may include a forensic medical exam, pregnancy testing, sexually transmitted infection screening and support from trained staff.

G.U. Clinic

Free and confidential sexual health service
Basingstoke:
☎: 01256 313333

Samaritans

☎: 01256 462333

Domestic Violence Helpline

☎: 0808 2000 2473

Victim Support

☎: 01256 423860
(provide support at court etc)